



# *Health 2020: Overview of WHO's European Policy and preliminary comments on the indicative Health and socio-sanitary plan of the Republic of San Marino*



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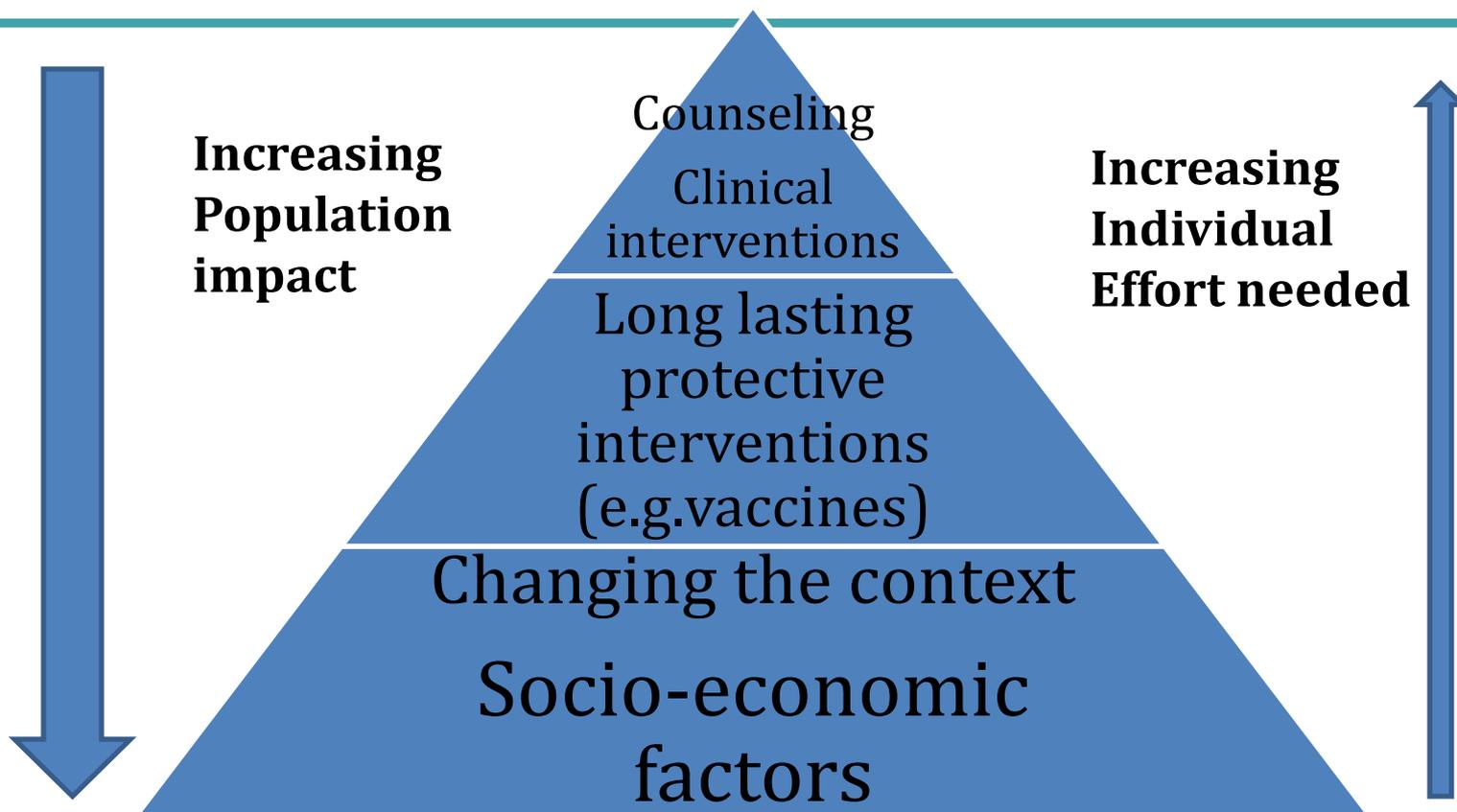
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Dr. Thierry Mertens, Senior Adviser

# The Health Impact pyramid

(Thomas R. Frieden, AJPH, 2010)



# Health 2020

**Health 2020 is a value-based action-oriented policy framework, adaptable to different realities in the countries of the WHO European Region.**

**Health 2020 is addressed to ministries of health but also aims to engage ministers and policy-makers across government and stakeholders throughout society who can contribute to health and well-being.**

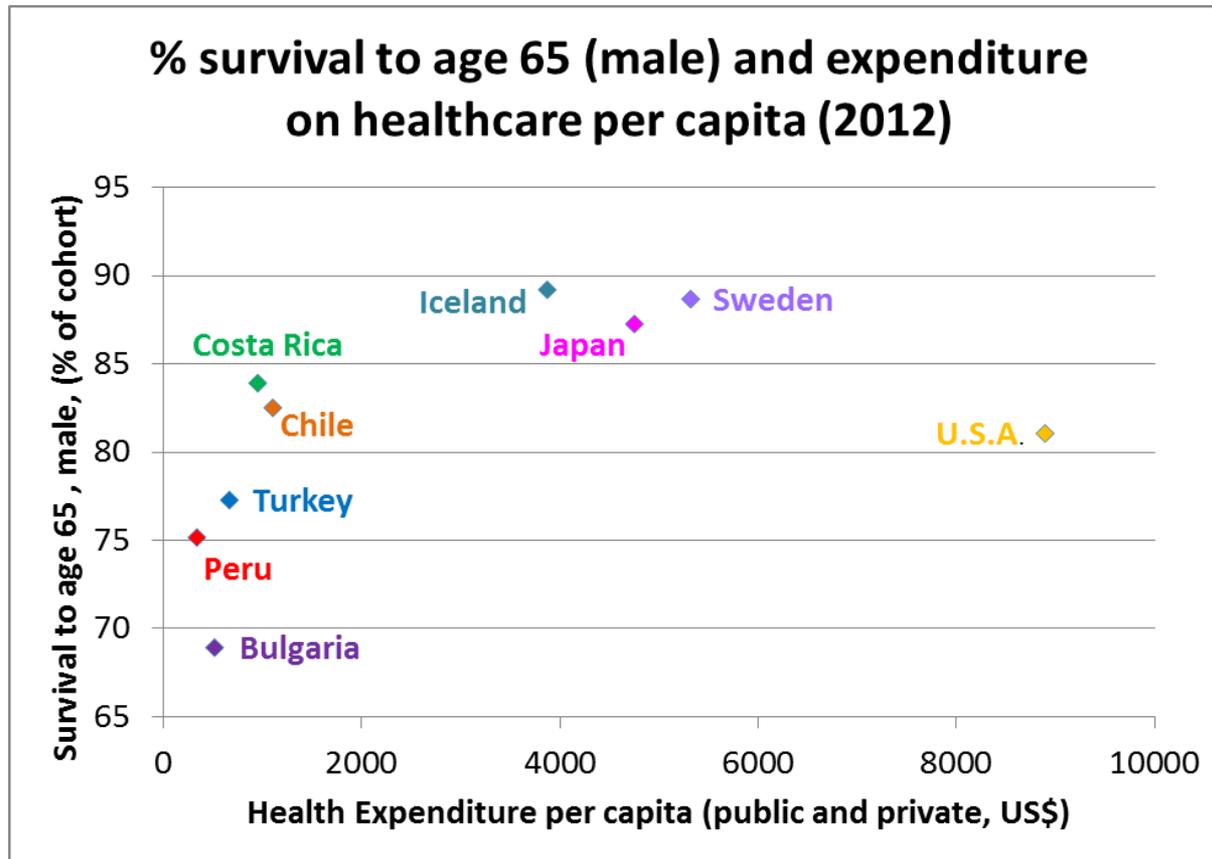


# Health 2020 was adopted by the WHO Regional Committee in September 2012

*Health 2020 aim* - To significantly improve health and well-being of populations, to reduce health inequities and to ensure sustainable people-centred health systems.



# Health expenditure: how investments are made matters



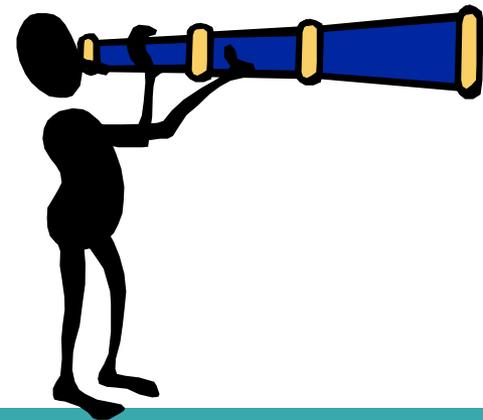


# Innovation: technological and social



# General comments on the Republic of San Marino Indicative Plan

- Comprehensive epidemiological profile
- Limited disaggregated data by socio-economic status/education levels
- Useful to compare data with similar countries
- Likely demographic, socio-economic and health implications of workforce contraction due to recent migration trends worth elaborating on.
- Long term vision needed



# Comments on the analysis of previous health plans and actions (1)

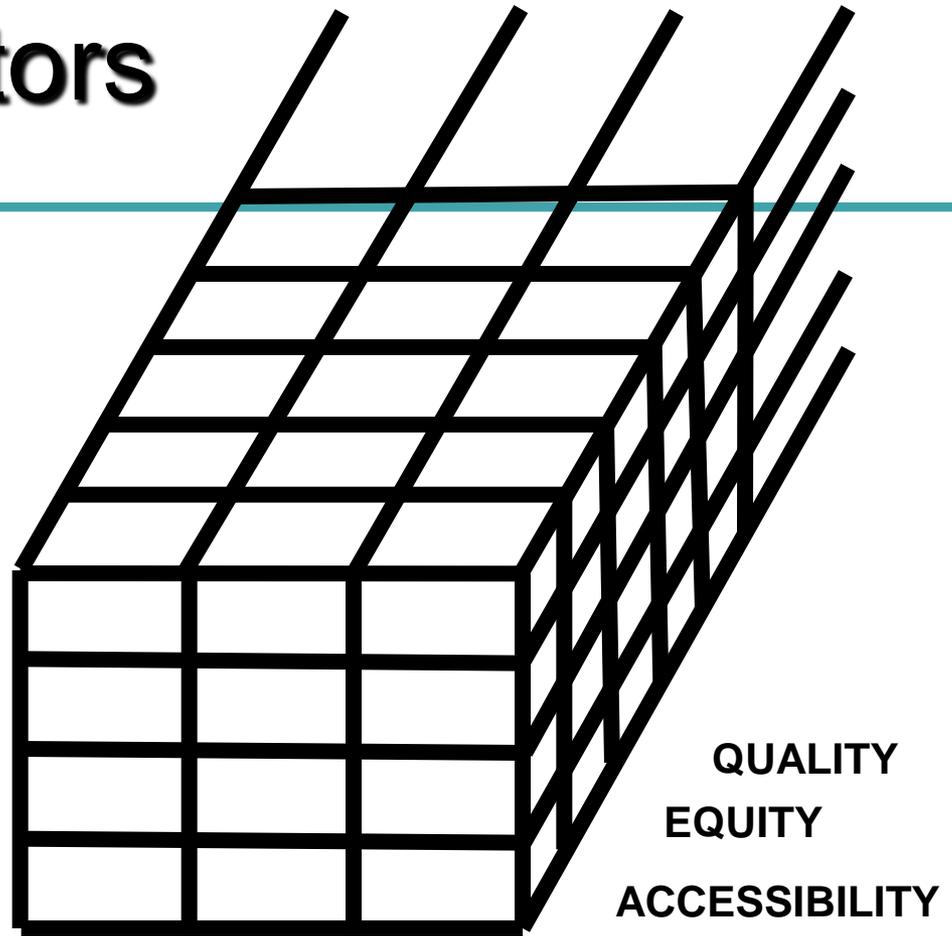
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- Aim is to build on lessons learned
- Targets are key to gauge progress.
- Enabling social environment is the key to healthy lifestyles

# Pattern of Indicators

POPULATION / PARTNERSHIPS  
COMMUNITY / PROFESSIONALS  
SERVICE GROUP / PRACTICE  
INDIVIDUAL PATIENT / CAREGIVER

STRUCTURE  
PROCESS  
OUTCOMES



# Comments on the analysis of previous health plans and actions (2)

- Life course approach and intergenerational solidarity should help addressing the perpetuation of health inequalities
- Link between educational attainment and health status
- Disability and Seniors: challenges for the future



# Comments on the general principles of the indicative Plan (1)

- It may be useful to use recent references as inspirational sources: *Health 2020; Governance for Health in the 21<sup>st</sup> century; Review of SD and the health divide in the WHO European Region; and the San Marino Manifesto* 😊
- Whole of Government and Whole of Society: inter-sectoral and participatory actions to reduce health inequities and improve population's health. Mutual accountability and transparency.

# Comments on the general principles of the indicative Plan (2)

“Avoiding isolation and fostering innovation”: San Marino fostered social innovation by hosting and leading the first meeting of “Small Countries” and continues to do so by initiating a broad consultation on its future health and socio-sanitary plan.



# Meeting of Small Countries, Republic of San Marino, July 2014



# Comments on the new structure of the Plan

- How do principles, values and evidence translate in strategic goals and targets?
- Life course, major health challenges, people-centered health systems, resilient communities and supportive environments?
- Specific conditions ranked by importance of the health challenges (burden)
- Physical activity, food industry, tobacco, alcohol: inter-sectoral action. Legislation and taxation

# Attorneys convince and protect (“intercessore ; protettore”)

“Physicians are the natural attorneys of the poor, and the social problems should largely be solved by them.”

Rudolf Virchow

# Health 2020 lays the foundation for a healthier European Region

“So many factors affect health, and health has an impact on so many areas of our lives that progress on public health can only come from whole-of-society and whole-of-government efforts.

That is why there is a role for everyone to play in implementing Health 2020, from prime ministers, to civil society, to citizens.”

– *Zsuzsanna Jakab, WHO Regional Director for Europe*





# Thank you



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